

# Youth Taekwondo Schedule

## C.W. Taekwondo Youth Program

Effective September 6, 2022- June 24, 2023

MON	TUES		WED		THURS	FRI	SAT
All Tigers 4-6 yrs 4:30 - 5:10	Level 1 Taekwondo 7-13 yrs 4:15 - 5:00	ONLINE Level 1, 2, & 3 4:15 - 5:00	Advanced Tigers 4-6 yrs 4:15 - 4:55	Little Tigers 4-6 yrs 4:15 - 4:55	Level 2 Taekwondo 7-13 yrs 4:15 - 5:00		ALL Tigers 4-6 yrs 10:00AM - 10:40AM
Level 2 Taekwondo 7-13 yrs 5:15 - 6:00	Level 2 Taekwondo 7-13 yrs 5:10 - 5:55	Black Belt Taekwondo 7-13 yrs 5:10 - 6:10	Level 1 Taekwondo 7-13 yrs 5:00 - 5:45		Level 3 Taekwondo 7-13 yrs 5:05 - 5:50	Black Belt Taekwondo 7-13 yrs 5:05 - 6:10	Level 1 Taekwondo 7-13 yrs 10:45 - 11:30
Level 3 Taekwondo 7-13 yrs 6:00 - 6:45			Competition Team 5:30 - 7:00 Invitation Only				Double Black Stripes 11:30am - 12:15pm

### Youth Taekwondo (7-13 yrs old)

Level 1	White to Green Belt
Level 2	Blue Stripe & Up
Level 3	Black Stripe & Up

Black Belt	Black Belts only
Competition Team	Try-Outs
Online Level 1, 2, & 3	Zoom

### Little Tigers (4-6 yrs old)

Little Tigers	LT - White to Purple Stripe Belts
Adv Tigers	LT - Blue Stripe & Up
All Tigers	All belts