

Youth Taekwondo Schedule

C.W. Taekwondo Youth Program

Effective September 6, 2023- June 22, 2024

MON		TUES		WED		THURS	FRI	SAT
Little Tigers 4-6 yrs 4:30 - 5:10	Advanced Tigers 4-6 yrs 4:30 - 5:10	Level 1 Taekwondo 7-13 yrs 4:15 - 5:00		Advanced Tigers 4-6 yrs 4:00 - 4:40	Little Tigers 4-6 yrs 4:00 - 4:40	Level 2 Taekwondo 7-13 yrs 4:15 - 5:00		ALL Tigers 4-6 yrs 10:00AM - 10:40AM
Level 2 Taekwondo 7-13 yrs 5:15 - 6:00		Level 2 Taekwondo 7-13 yrs 5:00 - 5:45	Level 3 Taekwondo 7-13 yrs 5:00 - 5:45	Level 1 Taekwondo 7-13 yrs 4:45 - 5:30		Level 3 Taekwondo 7-13 yrs 5:00 - 5:45		Level 1 & 2 Taekwondo 7-13 yrs 10:45 - 11:30
Level 3 Taekwondo 7-13 yrs 6:00 - 6:45		Black Belt Taekwondo 7-13 yrs 5:30 - 6:20		Competition Team 5:30 - 7:15 Sparring & Poomsae Invitation Only		Black Belt Taekwondo 7-13 yrs 5:30 - 6:20		Double Black Stripes 11:30am - 12:15pm

Youth Taekwondo (7-13 yrs old)

Level 1	White to Green Belt
Level 2	Blue Stripe & Up
Level 3	Black Stripe & Up

Black Belt	Black Belts Only
Competition Team	Invitation Only
Combined Level 1 & 2	White to Red Belts

Little Tigers (4-6 yrs old)

Little Tigers	LT - White to Purple Stripe Belts
Adv Tigers	LT - Blue Stripe & Up
All Tigers	All belts

