

August 30, 2007

Dear Taekwondo Family,

I am pleased to announce and confirm that the 21st Annual U.S. Cup Taekwondo Championship on Saturday, October 6, 2007 at Bulkeley High School in Hartford, CT. The U.S. Cup tournament has been giving the Taekwondo athlete unique opportunities to improve since 1987.

The U.S. Cup will be selecting a team, which will travel to the City of San Luis Potosi, Mexico on October 31st to participate the 1<sup>st</sup> Taekwondo World Open on November 3-4, 2007. This team will be made up of the winners of the U.S. Cup Team Trials and the Junior U.S. Cup Team Trials.

Over 160 elite athletes have benefited from the International experience they received by being on the U.S. Cup Team. (Not in any particular order) Lenny Bogdanos, Shawn Durden, Peter Bardatsos, Craig DeRosa, Chavela Aaron, Garth Cooley, Michael Gregatowicz, Simona Hradil, Michelle Smith, Sean Burke, Jennifer and Elizabeth Mohammed, Wayne DeRosa, Tim O'Connell, Michael Tang, Billy Petrone, Kenneth Hance, Gary Zee, Tony Graf, Kyria Gallagher, Jin Kim, Jin Suh,

Kay Poe, Ani Ahn, David Wilbur, Andrea Velasquez, Josh Coleman, Anthony Mellela, Chrissy Adamo, Eui Yong Lee, Yannick Douaire, Sebastien Konan, Ilya Sergeyko, Terrance Jennings, Eleni Koutsilianos, Melody Feldman, Gregory Ciocci, Bjorn Thorleifsson and Olivier Pineau are just some of the athletes that have been part of U.S. Cup Teams that have traveled to Korea, Japan, Mexico, Hawaii (to compete with Chinese Taipei), Puerto Rico, Greece, Venezuela, Spain, Portugal, Brazil, Scotland, France and Germany.

I challenge those in the Taekwondo community to renew their competitive spirit and to try out their skills and techniques by competing in as many events as they are able at this year's U.S. Cup. Through competition one may come to make new friends and rekindle old friendships. This tournament will allow us to work together toward the highest of standards as we encourage the growth and prosperity of Taekwondo and its continued advancement here in the United States.

As always there will be NO SAME DAY REGISTRATION. Please make sure all applications are postmarked no later than **Monday, October 1, 2007**.

I hope that this event, which has been such a huge part of the fabric of Sport Taekwondo in this country, will serve you well as far as giving you, your coaches and families a timely, fair and challenging day.

Sincerely,

Grandmaster Moo Yong Lee  
Tournament Chairman

# **21st Annual U.S. Cup National Taekwondo Championship**

**Saturday, October 6, 2007**

*Hosted by:* United Tae Kwon Do *Location:* Bulkeley School  
*Sanctioned by:* U.S. Taekwondo Instructors' Union 300 Wethersfield Ave.  
*Recognized by:* World Taekwondo Federation Hartford, Connecticut 06106

## **SCHEDULE OF EVENTS (Saturday, October 6, 2007):**

**9:00 a.m.: Black Belt Weigh-In (All Adults and Junior 14 – 17 yrs.)**

**9:30 a.m.: Official Meeting**

**10:00 a.m.: Opening Ceremony**

**10:30 a.m.: Junior Competition (In order of Poomse, Breaking & Sparring)**

**1:00 p.m.: Adult Competition (In order of Poomse, Breaking & Sparring)**

**U.S. CUP TEAM QUALIFICATIONS:** Must be Amateur Status, Kukkiwon and USTIU certified red or black belt. The U.S. Cup Team is comprised of 4 Adult male, 2 Adult Female, 2 Junior (14-17) Male and 1 Junior (14-17) Female athletes.

All winners in **Junior Red/Black Belt Free Sparring Age 14-17** divisions who wish to be considered for the U.S. Cup Team will compete in **U.S. Cup Junior Team Trials**. Red belts competing in the Junior Team Trials will be put into the appropriate weight classes according to the Junior Black Belt Division Chart included in this packet. U.S. Cup Junior Team members will be determined based on the results of the U.S. Cup Junior Team Trials. One Junior Male Team spot will be allocated according to a fight off between the Fin, Fly, Bantam, Feather and the Light weight classes. The other Junior Male Team spot will be allocated according to a fight off between the Welter, Light Middle, Middle, Light-Heavy and Heavy weight classes. The Junior Female Team spot will be allocated according to a fight off of all weight classes. The winners of these fight offs will comprise the 2007 U.S. Cup Junior Team

The U.S. Cup Adult Team Trials will be determined by fight offs between the Male Black Belt Fin/Fly, Bantam/Feather, and Light/Welter, Middle/Heavy weight classes. There will be two female spots determined by the fight offs between the Fin/Fly/Bantam/Feather weight classes and a fight off between the Light/Welter/Middle/Heavy weight classes. The winners of these fight offs will comprise the 2007 U.S. Cup Team.

The U.S. Cup Team 2007 will be participating to the 1<sup>st</sup> Taekwondo World Open November 3-4, 2007 in the City of San Luis Potosi, Mexico. The U.S. Cup will provide round trip airfare (from New York or Boston or Houston to San Luis Potosi, Mexico), an official U.S. Cup Team dobok and warm-up suit for the 6 Adult and 3 Junior Team members only. Accommodations, ground transportation, food, souvenirs and incidentals will be borne solely by the individual. Tentative departure date will be October 31<sup>st</sup> 2007 and returning date will be November 5<sup>th</sup>, 2007.

NOTE: Juniors must be accompanied by a parent/guardian who will bear all their own expenses. Subject to change due to availability.

**PRE-REGISTRATION IS MANDATORY.** The completed "Competitor (Member) Entry Form" accompanied with a money order or Certified Return Receipt, U.S.A. POSTMARKED NO LATER THAN October 1, 2006, must mail school check. Make payable and send to **U.S. Cup Taekwondo, and mail it to 669 Burnside Avenue, East Hartford, CT, 06108.**

**PARTICIPATION FEES are as follows:** One Event: \$55.00, Two Events \$65.00\*, Three Events \$75.00\* (\*If within same category.) PLEASE NOTE: Each division switch constitutes an Original Entry Fee. Example: A competitor competing in Jr. Sparring & Adult Sparring OR a Competitor competing in Adult & Sr. Divisions: TOTAL FEE: \$55.00 + \$55.00 = \$110.00 (plus any additional events).  
*NOTE: All participation fees are non-refundable and non-transferable.*

**COMPETITION RULES AND REGULATIONS:** The modified rules of the World Taekwondo Federation and **USA Taekwondo Jr. Safety Rules** will govern this Championship.

**EQUIPMENT:** Gyoroogi competitors must supply their own protective gear. White forearm and shin/instep protectors, clear or white mouthpieces, chest protectors and white, red or blue headgear are mandatory. Protective athletic cup is mandatory for male sparring competitors and should be worn inside the pants. Only covered, plastic water bottles are allowed. Only approved V-neck or traditional white uniforms are allowed.

**OFFICIALS:** All officials are Kukkiwon/WTF Certified Dan Holders or USA Taekwondo Certified Referees or USTIU Certified Referees.

**AWARDS:** Medals will be awarded to 1st, 2nd and (two) 3rd place winners in Free Sparring division, and (one) 3rd place winner in other divisions.

**POOMSE (FORMS):** The official Poomse will be those recognized by the WTF, USA Taekwondo and the USTIU. Competitors will be separated into Male and Female Divisions with the following belt breakdown:

- I. Adult & Junior Black Belt: 1st Dan; 2nd Dan & up. (Juniors and Adults Separate.)
- II. Senior (age 33 -40): 10th-7th Kub=White/Yellow; 6th-3rd Kub=Green/Blue; 2nd Kub-Bo Dan=Red; Black Belt.
- III. Executive Senior: (age 41 & over): 10th-7th Kub=White/Yellow; 6th-3rd Kub=Green/Blue; 2nd Kub-BoDan=Red; Black Belt.
- IV. Adult Kub: 10th-7th Kub=White/Yellow; 6th-3rd Kub=Green/Blue; 2nd Kub-BoDan=Red.
- V. Junior Kub: 10th-7th Kub=White/Yellow; 6th-3rd Kub=Green/Blue; 2nd Kub-BoDan=Red.

**KYUCK PAH (BREAKING):** Division shall be by *sex*, then *rank* and then by *age* with the following breakdown:

Rank Division: 10th-7th Kub=White/Yellow; 6th-3rd Kub=Green/Blue; 2nd Kub-BoDan=Red; 1st Dan and up=Black.

Age Division: 5 & Under, 6 to 7 yr., 8 to 9 yr., 10 to 11 yr., 12 to 13 yr., 14 to 15 yr., 16 to 17yr, 18 to 32 yr., 33 to 40yr, 41yr and over.

**You may provide your own wood or purchase it at the tournament site. Quantities will be limited for purchase and are not guaranteed to be available. Please note: Break must be completed within 3 minutes.**

Board size must be exact:     Adult:                             12"W x 10"L x 1" thick;  
                                  Junior (Age 14-17):       12"W x 8"L x 1" thick;  
                                  Junior (Age 13 & Under): 12"W x 8"L x 1/2" thick.

**GYOROOGI (SPARRING):** **Special Note:** The WTF and USA Taekwondo adult rules will govern Adult and Junior (14-17) Black Belt Division and the USA Taekwondo Junior Safety Rules will be applied to all other Divisions.

**I. ADULT BLACK BELT (Age 18 - 32):** (Revised November 1997)

|                | <b><u>MEN</u></b>                        | <b><u>WOMEN</u></b>                      |
|----------------|--|--|
| <b>Fin</b>     | Not exceeding 54 kg. (Under 118.8 lb.)   | Not exceeding 47 kg. (Under 103.4 lbs.)  |
| <b>Fly</b>     | Over 54-58 kg. (Over 118.8 - 127.6 lbs.) | Over 47-51 kg. (Over 103.4 - 112.2 lbs.) |
| <b>Bantam</b>  | Over 58-62 kg. (Over 127.6 - 136.4 lbs.) | Over 51-55 kg. (Over 112.2 - 121.0 lbs.) |
| <b>Feather</b> | Over 62-67 kg. (Over 136.4 - 147.4 lbs.) | Over 55-59 kg. (Over 121.0 - 129.8 lbs.) |
| <b>Light</b>   | Over 67-72 kg. (Over 147.4 - 158.4 lbs.) | Over 59-63 kg. (Over 129.8 - 138.6 lbs.) |
| <b>Welter</b>  | Over 72-78 kg. (Over 158.4 - 171.6 lbs.) | Over 63-67 kg. (Over 138.6 - 147.4 lbs.) |
| <b>Middle</b>  | Over 78-84 kg. (Over 171.6 - 184.8 lbs.) | Over 67-72 kg. (Over 147.4 - 158.4 lbs.) |
| <b>Heavy</b>   | Over 84 kg. (Over 184.8 lbs.)            | Over 72 kg. (Over 158.4 lbs.)            |

**II.SENIOR (Age 33 - 40) and EXEC. SR (Age 41 and over):** Division shall be by sex, then rank 10th-7th Kub=White/Yellow; 6th-3rd Kub=Green/Blue; 2nd Kub-BoDan=Red; Black Belt. **Weight divisions will be decided based on competitor participation.**

**III.ADULT KUB (Age 18 - 32):** Division shall be by sex, then rank: 10th-9th Kub=White, 8th-7th Kub=Yellow; 6th-5th Kub=Green, 4th-3rd Kub=Blue; 2nd Kub-BoDan=Red. **Weight divisions will be decided based on competitor participation.**

**IV. JUNIOR KUB (Age under 17ys.) & JUNIOR BLACK BELT (Age under 13ys.):** Division shall be by sex, then rank and then age with the following breakdown: Rank Division: 10th-9th Kub=White, 8th-7th Kub=Yellow; 6th-5th Kub=Green, 4th-3rd Kub=Blue; 2nd Kub-BoDan=Red; Black Belt. Age Division: 5 & Under, 6 to 7 years, 8 to 9 years, 10 to 11 years, 12 to 13 years, 14 to 15 years, 16 to 17 years. **Weight divisions will be decided based on competitor participation.**

**V. JUNIOR BLACK BELT (Age 14 - 17):** (Revised November 1997)

|                     | <b><u>BOYS</u></b>                       | <b><u>GIRLS</u></b>                      |
|---------------------|--|--|
| <b>Fin</b>          | Under 45kg. (Under 99.0 lbs.)            | Under 42 kg. (Under 92.5 lbs.)           |
| <b>Fly</b>          | Over 45-48 kg. (Over 99.0 - 105.8 lbs.)  | Over 42-44 kg. (Over 92.5 - 97.0 lbs.)   |
| <b>Bantam</b>       | Over 48-51 kg. (Over 105.8 - 112.4 lbs.) | Over 44-46 kg. (Over 97.0 - 101.4 lbs.)  |
| <b>Feather</b>      | Over 51-55 kg. (Over 112.4 - 121.2 lbs.) | Over 46-49 kg. (Over 101.4 - 108.0 lbs.) |
| <b>Light</b>        | Over 55-59 kg. (Over 121.2 - 130.0 lbs.) | Over 49-52 kg. (Over 108.0 - 114.6 lbs.) |
| <b>Welter</b>       | Over 59-63 kg. (Over 130.0 - 138.9 lbs.) | Over 52-55 kg. (Over 114.6 - 121.2 lbs.) |
| <b>Light-Middle</b> | Over 63-68 kg. (Over 138.9 - 149.9 lbs.) | Over 55-59 kg. (Over 121.2 - 130.0 lbs.) |
| <b>Middle</b>       | Over 68-73 kg. (Over 149.9 - 160.9 lbs.) | Over 55-63 kg. (Over 130.0 - 138.9 lbs.) |
| <b>Light-Heavy</b>  | Over 73-78 kg. (Over 160.9 - 172.0 lbs.) | Over 63-68 kg. (Over 138.9 - 149.9 lbs.) |
| <b>Heavy</b>        | Over 78kg. (Over 172.0 lbs.)             | Over 68kg. (Over 149.9 lbs.)             |

**Note: \*The tournament Chairman, based upon appropriate justification, reserves the right to alter the Division Classifications. We reserve the right to reject any applicant.**

**Tournament Chairman: Moo Yong Lee, 9<sup>th</sup> Dan – Kukkiwon #1000042**

**669 Burnside Avenue East Hartford, CT 06108 U.S.A**

**Tel: (860) 289-8008 • Cell: (860) 655-5454 • Fax: (860) 657-5454**

**E-mail: [mooylee@aol.com](mailto:mooylee@aol.com) • Web address: <http://www.freewebs.com/uscup/>**

## **DIRECTION to BULKELEY SCHOOL (300 Wethersfield Ave. Hartford, CT)**

### **From I-84 East:**

- 1). Take Exit #57 towards Rt.15 South/ I-91 South/ Charter Oak Br. 2). Take Exit #87 towards Brainard Rd./Airport Rd 3). At the end of Exit, Turn Left onto Brainard Rd. & at the 1<sup>st</sup> Light, Turn Left onto Airport Rd.
- 4). At the 4<sup>th</sup> light, Turn Right onto Wethersfield Ave. & at the 3<sup>rd</sup> light, turn Right onto Elliott St. to SCHOOL PARKING LOT.

### **From I-84 West:**

- 1). To I-91 South 2) Take Exit #27 towards Brainard Rd./ Airport Rd. 3) At the end of Exit, turn Right onto Airport Rd. 4). At the 2<sup>nd</sup> Light, turn Right onto Wethersfield Ave. & at the 3<sup>rd</sup> light, turn Right onto Elliott St. to SCHOOL PARKING LOT.

### **From I-91 South:**

- 1). Take Exit #27 towards Brainard Rd./ Airport Rd. 2). At the end of Exit, turn Right onto Airport Rd.
- 3). At the 2<sup>nd</sup> Light, turn Right onto Wethersfield Ave. & at the 3<sup>rd</sup> light, turn Right onto Elliott St. to SCHOOL PARKING LOT.

### **From I-95 North:**

- 1). Exit #27 towards Brainard Rd./ Airport Rd.
- 2). At the end of Exit, Turn Left onto Brainard Rd. & at the 1<sup>st</sup> Light, Turn Left onto Airport Rd.
- 3). At the 4<sup>th</sup> light, Turn Right onto Wethersfield Ave. & at the 3<sup>rd</sup> light, turn Right onto Elliott St. to SCHOOL PARKING LOT.

## **HOTEL ACCOMMODATION: Deadline for reservations is September 22, 2007**

**Best Western:** 1330 Silas Deane Highway, Wethersfield CT 06109 Rm. Rate: \$79+Tax for Single or W.

**Reservation: Tel: (800) 937-8376 (Mention "U.S. Cup").** Rate includes Continental Breakfast & Free Parking. We have reserved 30 rooms for Friday night and 15 rooms for Saturday night. Hotel can not guarantee these rates for reservations received after the DEADLINE. (Best Western: Fax # (860) 529-2974)

### **Direction to Best Western:**

From I-84 East & West: To I-91 South, Exit 24, make Left onto Silas Deane Highway. Inn is on the Right, just past the 1<sup>st</sup> traffic light.

From I-91 S: Exit 24, make Left onto Silas Deane Highway. Inn is on the Right, just past the 1<sup>st</sup> traffic light.

From I-91N: Exit 24, make Right onto Silas Deane Highway. Inn is on the Right, just past the 1<sup>st</sup> traffic light.

### **ADMISSION:**

Under 6 years old: Free    Under 12 or Bulkeley Student (ID): \$5.00    12 years and over: \$10.00

## **PLACES TO SEE – Welcome to Classic Connecticut**

Hartford Area: Mark Twin House, Mohegan Sun & Fox Woods Casino, and Mystic Aquarium, etc..

New Haven Area: Yale University

Manhattan Area: Empire State building, Statue of Liberty, Museums, Yankee Stadium, etc..

**Tournament Chairman: Moo Yong Lee, 9<sup>th</sup> Dan – Kukkiwon #1000042**

**669 Burnside Avenue East Hartford, CT 06108 U.S.A**

**Tel: (860) 289-8008 • Cell: (860) 655-5454 • Fax: (860) 657-5454**

**E-mail: [mooylee@aol.com](mailto:mooylee@aol.com) • Web address: <http://www.freewebs.com/uscup/>**

# 21<sup>st</sup> ANNUAL U.S. CUP TAEKWONDO CHAMPIONSHIPS

Saturday, October 6, 2007

## Official Entry Form

### Liability Waiver (Failure to fill out entire Section will result in a Processing Delay)

In consideration of your acceptance of my entry, I do hereby for myself, me heirs, executors and administrators waive, release and forever discharge any and all rights and claims for damages which I may have or which may accrue to me against WTF, United Tae Kwon Do, USTIU, U.S. Cup, President's Cup, Bulkely High School, The City of Hartford, the State of Connecticut, and all members of the tournament, or their respective officers, agents, representatives, successors, and/or assigns and against any competitor for any and all damages which may be sustained by me in connection with my association with or entry in the above athletic meet. I understand that Taekwondo is a body contact sport, and I further understand all the contents of the 2007 rules and the sponsors published general information for which and I agree with them in their entirety.

**Contestant's Signature** (If under 21, Parent or Guardian must sign) \_\_\_\_\_ **Date** \_\_\_\_\_

### Competition Information (Failure to fill out entire Section will result in a Processing Delay)

**Name:** \_\_\_\_\_

**Age:** \_\_\_\_\_ **Sex:** \_\_\_\_\_ **Weight (lbs):** \_\_\_\_\_ **Height:** \_\_\_\_\_

**Belt Color:** \_\_\_\_\_ **Kub/Degree:** \_\_\_\_\_ **Black Belt Kukkiwon #:** \_\_\_\_\_

**USA Taekwondo Athlete Membership #** \_\_\_\_\_ **Legal Guardian the day of event:** \_\_\_\_\_

#### *DIVISIONS: (Please check events)*

| <u>Junior</u>     | <u>Adult</u>      | <u>Senior</u>     | <u>Executive Senior</u> |
|-------------------|-------------------|-------------------|-------------------------|
| ___ Sparring      | ___ Sparring      | ___ Sparring      | ___ Sparring            |
| ___ Breaking      | ___ Breaking      | ___ Breaking      | ___ Breaking            |
| ___ Poomse \Forms | ___ Poomse \Forms | ___ Poomse \Forms | ___ Poomse \Forms       |

### Competitor Information

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_ **Zip:** \_\_\_\_\_

**Telephone:(\_\_\_\_\_)** **Date of Birth:** \_\_\_\_\_

**Email address** \_\_\_\_\_

**School Name:** \_\_\_\_\_ **Instructor:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_ **Zip:** \_\_\_\_\_

**Telephone:(\_\_\_\_\_)** **Email address** \_\_\_\_\_

### Entry Fee Schedule

**1 Event:** \$55.00

**2 Events:** \$65.00

**3 Events:** \$75.00

- Each entry of a new Division constitutes another entry fee.
- (Entering Junior Sparring and Adult Sparring:  
\$ 55.00 + \$55.00 = \$110.00)

### Total

**Enclosed:\$** \_\_\_\_\_ **Entry** \_\_\_\_\_

**Deadline:** Postmarked by October 1, 2007. (In order to print your name on Commemorative T-shirt we must have your application by September 29, 2007)

**Mail To:** USTIU  
669 Burnside Ave.

*East Hartford, CT 06108*

*{Payable To "USTIU"}*

# 21st Annual U.S. Cup Taekwondo Championship

669 Burnside Ave. East Hartford, CT 06108 U.S.A • Tel (860) 289-8008 • Cell: (860) 655-5454  
Fax (860) 951-0082 • E-mail: [moovlee@aol.com](mailto:moovlee@aol.com) • Web address: <http://www.freewebs.com/uscup/>

## Referee, Judge, Volunteer, Coach, Grandmaster Registration Form

Date: October 6, 2007

Place: Bulkeley School, 300 Wethersfield Ave. Hartford, CT

**Circle Position applying for Volunteer / Referee / Judge / Coach / Master / Grandmaster**

**Deadline: October 1, 2007 (Please help us to make your ID in advance)**

Mailing Address: U.S. Cup 2007  
669 Burnside Ave.  
East Hartford, CT 06108  
Tel: (860) 289-8008 • Fax: (860) 951-0082

**\*\* PRINT PLEASE \*\***

Applicant's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_

Taekwondo Rank: \_\_\_\_\_ Dan \_\_\_\_\_ Kukkiwon Dan No.: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_ Business Phone: (\_\_\_\_) \_\_\_\_\_

Name of TKD School: \_\_\_\_\_ Name of Instructor: \_\_\_\_\_

Referee Classification: \_\_\_\_\_ Date: \_\_\_\_\_ No.: \_\_\_\_\_

USAT Referee/Coach number \_\_\_\_\_

I realize Taekwondo is a full contact martial art and, therefore, agree to absolve U.S. Cup 2007 Organizing Committee, United Tae Kwon Do, USTIU, USA Taekwondo, the USOC and the City of Hartford, the Hartford public School System and its employees, agents or servants, and its officers and the participants from any and all liability.

- Each Coach Pass is \$20.00 (Maximum of five Coaches per school).
- The Coaches fee is non-refundable and non-transferable.
- Please enclose passport size your photo for all passes.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Parent or Guardian if under 21)

**We Thank You For Your Support.**